

The Children's Center MARCH 2026 Menu
One and Older - Chef's Choice

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
<p>Breakfast: Cheese toast, applesauce, and Milk</p> <p>Lunch: Turkey Sausage, wheat biscuit, mandarin oranges, peas and Milk</p> <p>Snack: Pears and Milk</p>	<p>Breakfast: Vanilla Yogurt, pineapple and Milk</p> <p>Lunch: Cheese Ravioli with Mozz Cheese, peaches, broccoli* and Milk</p> <p>Snack: Strawberry Yogurt Snack Mix and Milk</p>	<p>Breakfast: Cheerios, **chef's choice fruit**, and Milk _____</p> <p>Lunch: Taco Soup, pears , whole grain roll and Milk</p> <p>Snack: Kix and Milk</p>	<p>Breakfast: Grits, pears and Milk</p> <p>Lunch: Chicken Nuggets *brussels sprouts, *Sweet Potato Nuggets, roll, Milk</p> <p>Snack: Mandarin Oranges, whole grain cheez its and water</p>	<p>Breakfast: Pancakes, peaches, sugar free syrup, Milk</p> <p>Lunch: Whole grain cheese pizza, lettuce and tomato* salad, Mixed Vegetable Blend*, Milk</p> <p>Snack: Vanilla Yogurt, pears, water</p>
9	10 HS Early Release	11	12 BOARD MEETING	13
<p>Breakfast: Oatmeal, pears, Milk</p> <p>Lunch: Three cheese potatoes, green beans,*chef's choice veggie* Whole Grain Roll _____,Milk</p> <p>Snack: Kix, mandarin oranges, and water</p>	<p>Breakfast: Cheerios, Honey Dew Melon, Milk</p> <p>Lunch: Pulled Chicken BBQ whole grain roll, corn, Spinach*, Milk</p> <p>Snack: Whole grain cheez its, sliced apples, water</p>	<p>Breakfast: Chicken Sausage Link, Peaches, Milk</p> <p>Lunch: Fish Nuggets, broccoli*, Sweet Potato Nuggets, Milk and Whole Grain Roll</p> <p>Snack: Whole grain Tortilla with Cream Cheese, Milk</p>	<p>Breakfast: Breakfast Pizza, pears, Milk</p> <p>Lunch: Grilled Cheese sandwich served w/ tomato soup **chef's choice veggie**, Milk _____</p> <p>Snack: Cantaloupe & Ritz Crackers and water</p>	<p>Breakfast: Kix, pineapple, Milk</p> <p>Lunch: Cheese Burger on Whole Grain Bun, Tater Tots, Chef's Choice Veggie, Milk _____</p> <p>Snack: Chips and Salsa, Milk</p>
16	17	18	19	20 EHS/HS Closed - Teacher Work Day
<p>Breakfast: Hot Biscuit, peaches, Milk</p> <p>Lunch: Chicken and rice casserole, peas, **chef's choice fruit**, Whole grain roll, Milk _____</p> <p>Snack: Whole grain cheez its and Milk</p>	<p>Breakfast: Kix, pineapple, Milk</p> <p>Lunch: Meatballs on whole grain roll, tropical fruit , ^green beans, Milk</p> <p>Snack: Tortilla Pizza, water</p>	<p>Breakfast: Chicken sausage links,**chef's choice fruit**, Milk _____</p> <p>Lunch: Chili, applesauce, whole grain roll and Milk</p> <p>Snack: Vanilla yogurt, peaches and water</p>	<p>Breakfast: Pancakes, applesauce, sugar free syrup, Milk</p> <p>Lunch: Grilled chicken patty on bun, corn, peas, Milk</p> <p>Snack: Apple Slices and saltines and water</p>	<p>Breakfast: Oatmeal, pineapple, Milk</p> <p>Lunch: Swai fillet w/lemon pepper, yams*, Spinach*, whole grain roll, Milk</p> <p>Snack: Strawberry Yogurt Snack Mix and Milk</p>
23	24	25	26	27
<p>Breakfast pizza, mandarin oranges and Milk</p> <p>Lunch: Beef Meatballs in gravy, mashed potatoes, ^green beans, whole grain roll and Milk</p> <p>Snack: Ritz crackers, cheese and water</p>	<p>Breakfast: Waffles, pineapple, Milk</p> <p>Lunch: Cheese Omelet, hash browns, pears, wheat biscuit and Milk</p> <p>Snack: Mandarin Oranges and Milk</p>	<p>Breakfast: Cheerios, peaches, Milk</p> <p>Lunch: Spaghetti w/meat sauce on whole grain noodles, **chef's choice veggie** Cantaloupe and Milk _____</p> <p>Snack: Warm wheat biscuit, *chef's choice fruit* & water _____</p>	<p>Breakfast: Oatmeal, pears, Milk</p> <p>Lunch: Whole grain cheese pizza, lettuce and tomato* salad, sweet potato nuggets, and Milk</p> <p>Snack: Tortilla with Cream Cheese, Milk</p>	<p>Breakfast: Cream of Wheat, applesauce, Milk</p> <p>Lunch: Spring's chicken/broccoli* casserole peaches, roll, Milk</p> <p>Snack: Cheese sandwich, pineapple and water</p>
30	31 POLICY COUNCIL			
<p>Breakfast: Oatmeal, pears, and Milk</p> <p>Lunch: Turkey sub on whole grain bun, w/ lettuce and *tomato, tater tots w/ketchup and Milk</p> <p>Snack: Apple Slices and saltines and water</p>	<p>Breakfast: Kix, mandarin oranges, Milk</p> <p>Lunch: Chicken Spaghetti Bake, peas,**chef's choice veggie** and Milk</p> <p>Snack: String Cheese and Milk</p>			

* Foods High in Vitamin A

Toddler foods must be diced in pieces no larger than 1/2 inch

Infant foods must be diced in pieces no larger than 1/4 inch

Acceptable condiments with meals: ketchup, mustard, mayonnaise, salad dressing

All Milk is low fat - Individualized Menus will be sent separately.

"This institution is an equal opportunity provider and employer"

^Canned green beans

Cereal must have a least 3 grams of fiber

Bread Must have at least 5 grams of fiber

Pastas must be whole grain

Sugar free syrup available for breakfast foods